

# WELCOME!



Community Resource Navigator Program, Wingra Family Medical Center

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# What are Social Determinants of Health?



**Definition:** Conditions in which people are born, grow, live, work, and age. These determinants of health are shaped by the distribution of money, power, and resources at global, local, and national levels.

# Social determinants of health include:



Economic stability

Poverty

Education

Low structural education attainment level

Healthcare access

Low health literacy

Neighborhood and build environment

Language barriers

Social and community context

Racial discrimination

# It is estimated that:



Social and economic factors account for 40% of health outcomes

30% is related to health behaviors

20% is related to clinical care

The remaining 10% is related to the physical environment

# Health Leads Model



[HTTPS://WWW.TED.COM/TALKS/REBECCA ONIE WHAT IF OUR HEALTH  
HCARE SYSTEM KEPT US HEALTHY](https://www.ted.com/talks/rebecca_onie_what_if_our_health_care_system_kept_us_healthy)

# Center for Patient Partnerships



Engender effective partnerships among people seeking health care, people providing health care, and people making policies that guide the health care system. We do this in four inter-connected ways:

- By educating students – using a uniquely interprofessional, experience-based curriculum – to engage in effective, compassionate advocacy;
- By accompanying and assisting patients with life-threatening or serious illnesses on their journeys through the health care system;
- By strengthening the field of health advocacy through research on advocacy’s impact and promotion of best practices;
- By enhancing the capacity of patients to influence health policy and the responsiveness of the health care system to consumers’ experiences.

# Wingra Family Medical Center



Figure 2- <https://www.flickr.com/photos/117628748@N08/14259233088/in/photostream/>

# Why Wingra?

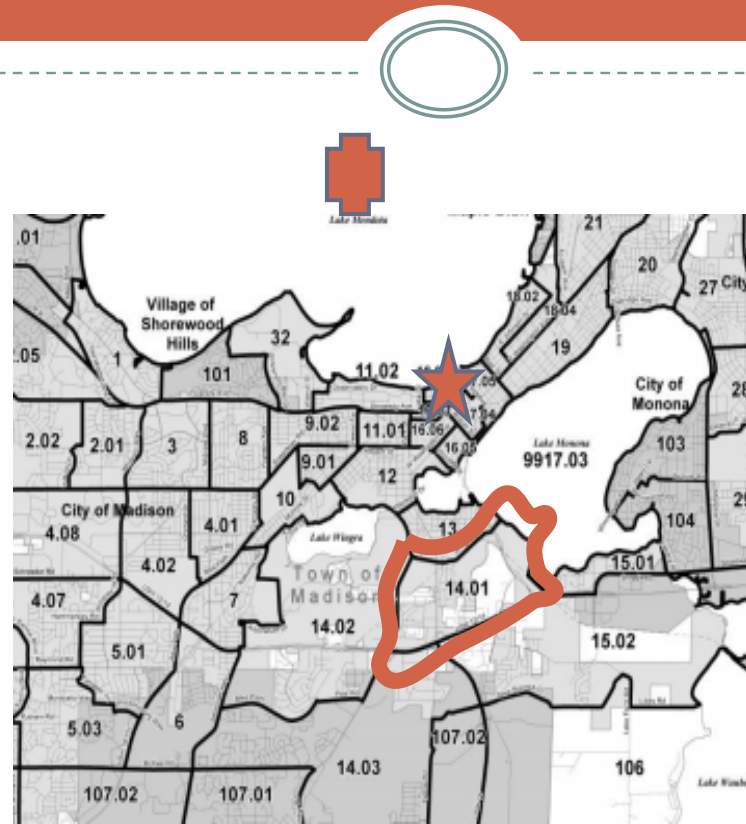
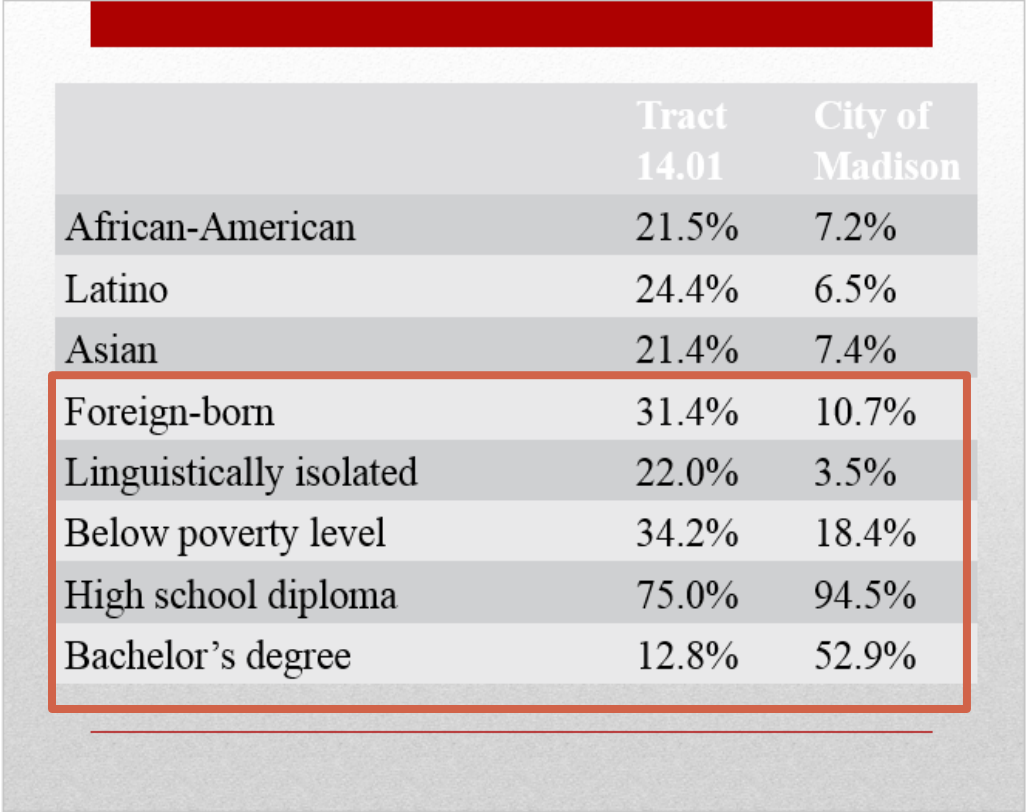


Figure 6- 2010 Census Tract. U.S. Census Bureau, Prepared by City of Madison Planning Division





	Tract 14.01	City of Madison
African-American	21.5%	7.2%
Latino	24.4%	6.5%
Asian	21.4%	7.4%
Foreign-born	31.4%	10.7%
Linguistically isolated	22.0%	3.5%
Below poverty level	34.2%	18.4%
High school diploma	75.0%	94.5%
Bachelor's degree	12.8%	52.9%

Figure 7- From R1 Orientation PowerPoint at Wingra Family Medical Center

## Race and Ethnicity

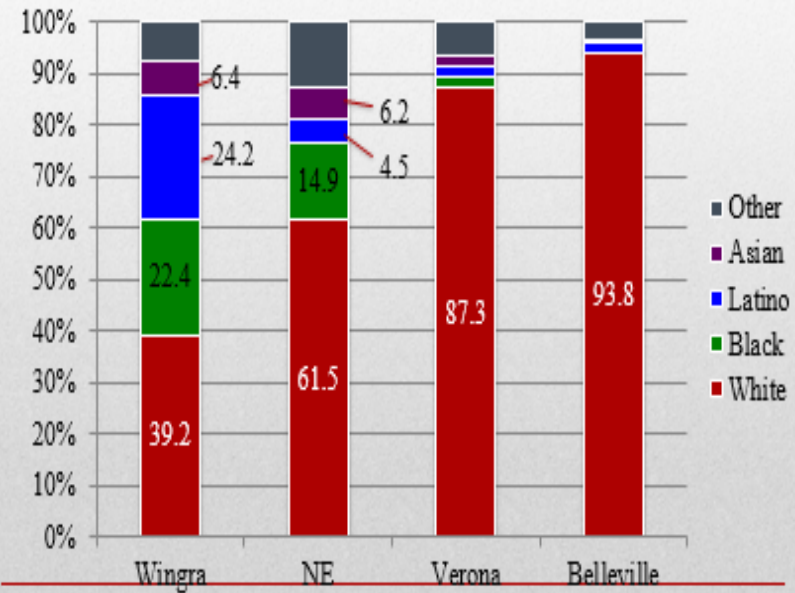


Figure 3- From R1 Orientation PowerPoint at Wingra Family Medical Center

# Language

Percentage of patients who prefer a language other than English

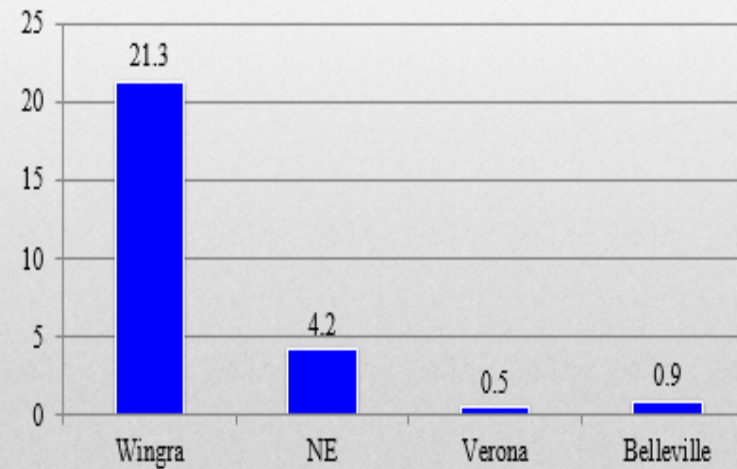


Figure 4- From R1 Orientation PowerPoint at Wingra Family Medical Center

# Insurance

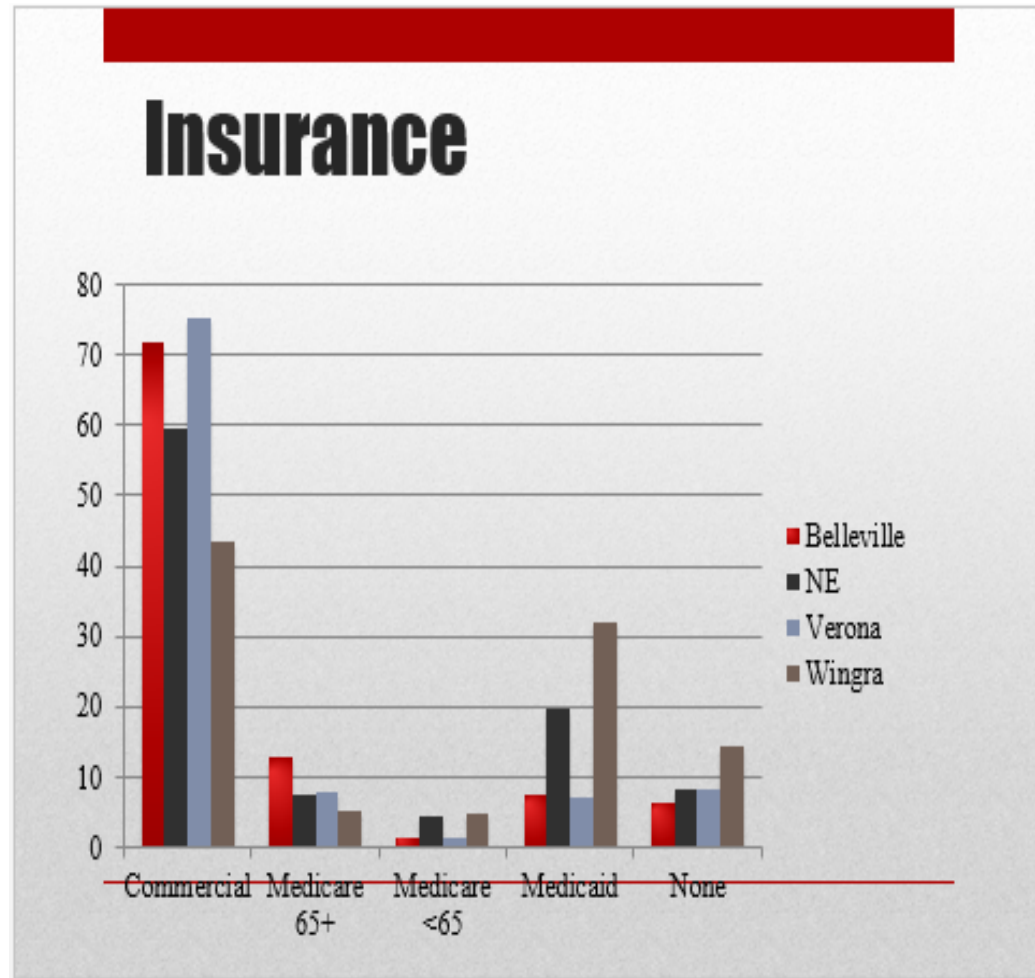


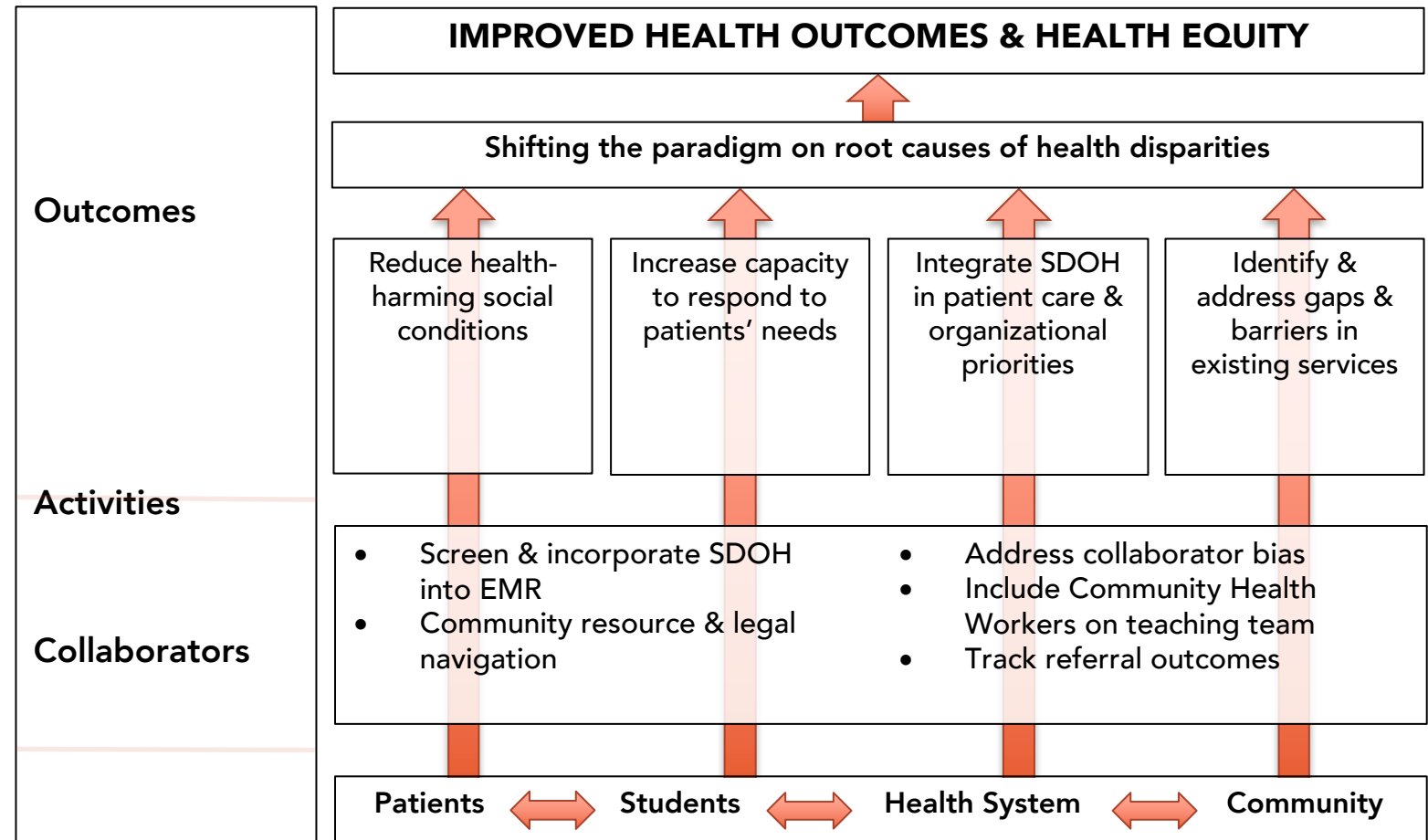
Figure 5- From R1 Orientation PowerPoint at Wingra Family Medical Center

# 2013 Health Status Overview Report of Dane County--Food Insecurity



- 40% of adults report eating 0-2 servings of fruit and vegetables per day
- 23.3% of adolescents report eating 0 or 1 serving of fruits of vegetables per day
- What we saw at Wingra before the Navigator program came there (Pre-March 2016)

# Theory of Change



# Navigator Form: we can help you find the services you need.

Many things can affect your health. We can work with you to find services to help deal with problems and reduce your worries. Please fill out this confidential form. We will only use it to talk to you about services that may help. Check the YES or NO box for each question.



I worry that my food will run out before I get money to buy more.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I need help with transportation.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I worry that living in my home could make me or my family sick or that we are not safe in my home.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I would like to know more about services to help me pay gas, electricity, or phone/cell phone bills.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I need help finding programs to help get a job or train for a job.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I want to learn new skills that will help me at home or at work.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I want to apply for new public benefits (like FoodShare, WIC, social security disability).

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I want help finding child care or activities for my children to do after school or during the summer.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



My family needs clothing, diapers, car seats, back to school items, or other supplies.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



My family has a hard time buying things we need for our health like medicines, glasses, and dentist work.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I need help finding legal advice about immigration, divorce, child custody or something else.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



I have other needs or worries that are not mentioned above.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

# Resource Navigators



Resource navigators will promote health equity by directly working with people who have been most affected by long-standing systemic barriers to well-being by:

Screening families for social determinants affecting their health (e.g., food insecurity, housing employment) (hand out screener here)

Utilizing capacity-building approach to partner with patients to:

- Prioritize needs

- Locate – and connect with – existing community resources to help address needs



# Resource Navigators



Following-up with families to ensure needs are met

Providing thorough documentation of services to increase health providers' understanding of patients' broader health needs

Tracking usefulness of resources to patients, developing and refining a website of resources utilized by Resource Navigation team (show website)

# Student experiences



What did you learn about hunger in your community since being a part of the CRNP?

What's one thing you think people who are concerned about hunger should know?

# 20 Sample Patients



Language

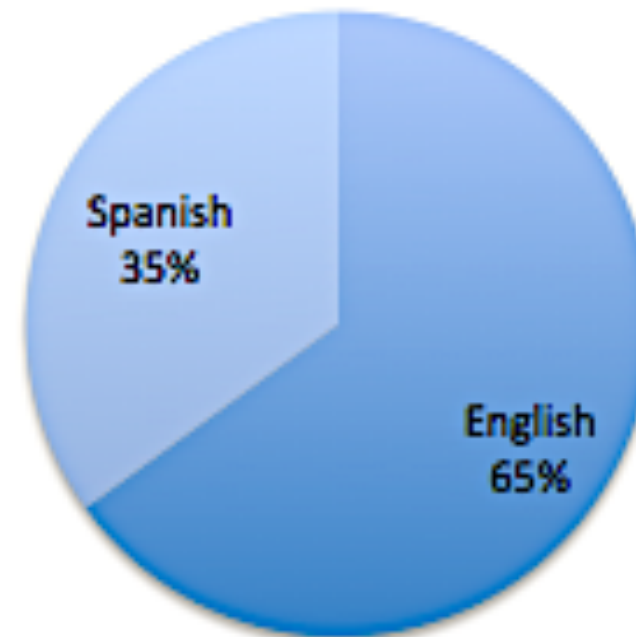
Transportation

Concerns

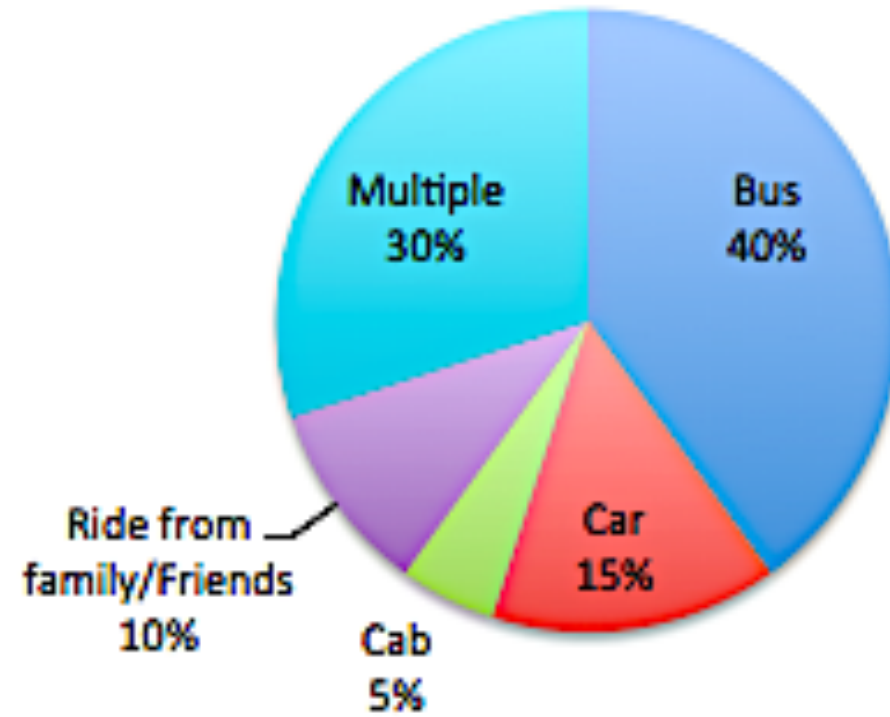
Resources Provided

Outcomes

## Primary Language Spoken

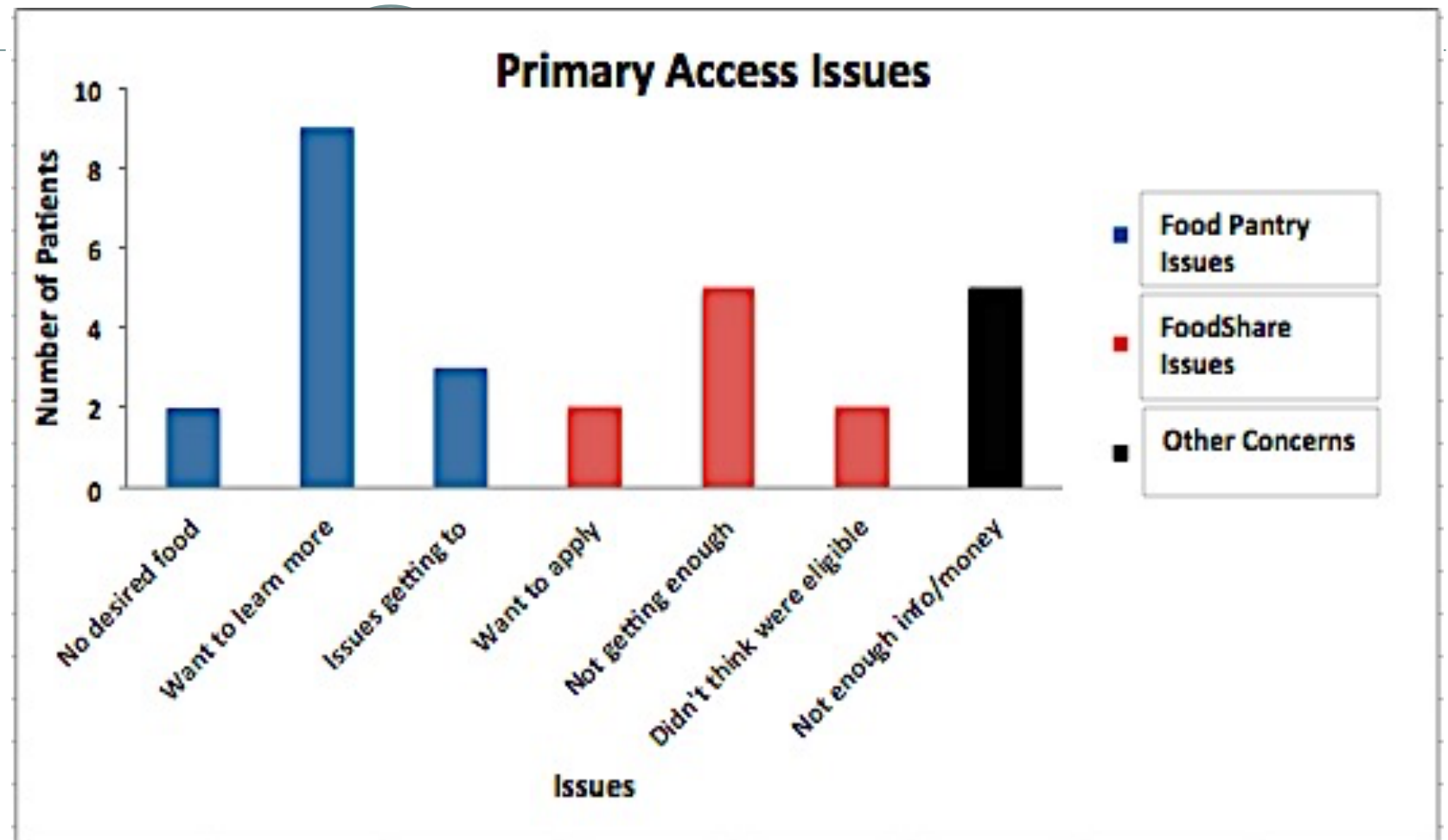


## Modes Of Transportation



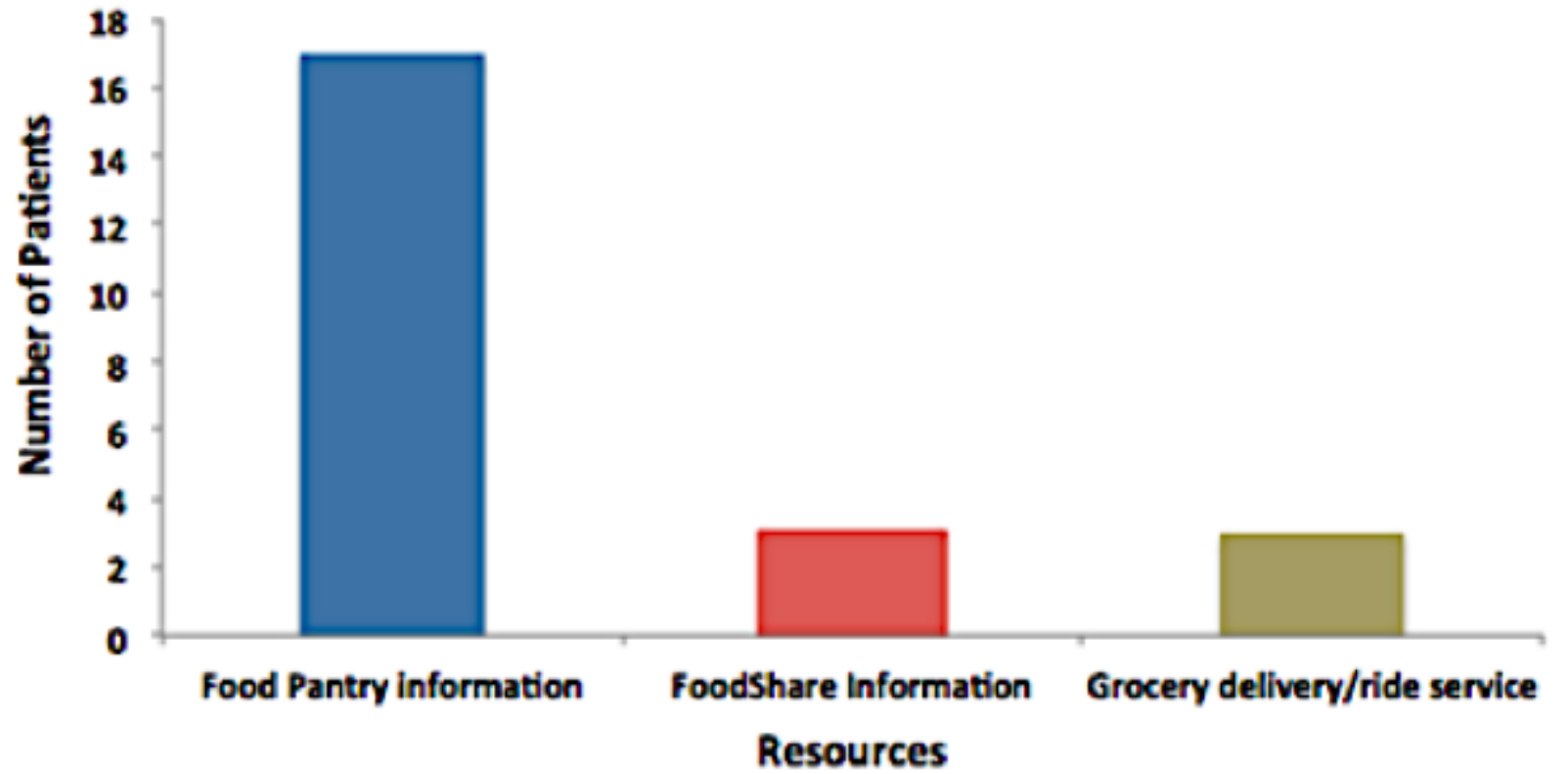


➤ Average number of total pathways indicated, including food: 5.2



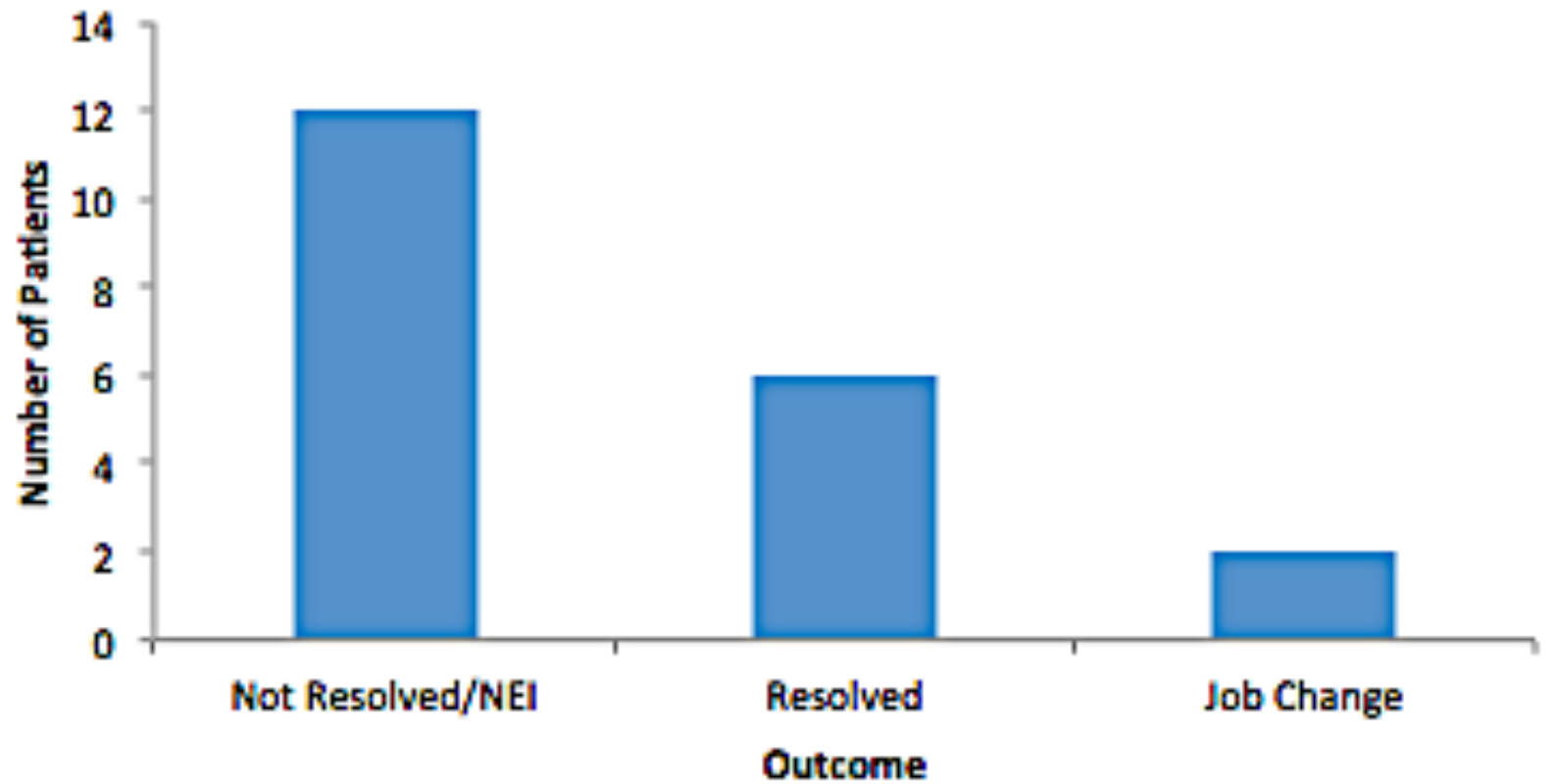


## Resources Provided





## Outcome of Resources







How has Wingra changed since the CRNP has been there?

Two specific case studies

One where we were successful

One where we were unsuccessful

# Questions





What parts of this model might be relevant for your specific setting?

What challenges might you need to address in order to integrate into your setting?



# Next steps.....



What's next...

Fall 2017 Course

Community Health Workers

Redcap database

Second clinic

Cross train students for CPP screening

# Thank you for your time!



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